

St Margaret's C of E Primary School, Olton

SRE Planning Overview - Year 6

| JIGSAW / CWP | Lesson   | Objectives  |
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| JIGSAW       | Changing Me - Piece 1 - My Self Image  | <ul style="list-style-type: none"> <li>- I am aware of my own self-image and how my body image fits into that</li> <li>- I know how to develop my own self esteem</li> </ul>  |
| CWP          | <p><b>Lesson 1 - Puberty and Reproduction</b></p> <p>Health education - Mental wellbeing, Changing adolescent body</p>   | <ul style="list-style-type: none"> <li>- To consider puberty and reproduction</li> <li>- Describe how and why the body changes during puberty in preparation for reproduction</li> <li>- Talk about puberty and reproduction with confidence</li> </ul>                       |
| CWP          | <p><b>Lesson 2 - Communication in relationships</b></p> <p>Relationships Education - Families and people who care for us, Caring friendships, Respectful relationships, Being safe</p> | <ul style="list-style-type: none"> <li>- Exploring the importance of communication and respect in relationships</li> <li>- Explain differences between healthy and unhealthy relationships</li> <li>- Know that communication and permission seeking are important</li> </ul> |

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| CWP | <p><b>Lesson 3 - Families, Conception and Pregnancy</b></p> <p>Relationships Education - Families and people who care for us</p> <p>Key Stage 2 Science - recognise that living things produce offspring of the same kind, but normally offspring vary and are not identical to parents</p> | <ul style="list-style-type: none"> <li>- To consider different ways people might start a family</li> <li>- Describe the decisions that have to be made before having children <ul style="list-style-type: none"> <li>- Know some basic facts about conception and pregnancy</li> </ul> </li> </ul>   |
| CWP | <p><b>Lesson 4 - Online Relationships</b></p> <p>Relationships Education - Online relationships, Being safe, Mental wellbeing</p>   | <ul style="list-style-type: none"> <li>- To explore positive and negative ways of communicating in a relationship <ul style="list-style-type: none"> <li>- To have considered when it is appropriate to share personal/private information in a relationship</li> </ul> </li> <li>- To know how and where to get support if an online relationship goes wrong</li> </ul> |
| CWP | <p><b>Additional lesson - Respect and Equality</b></p>  | <ul style="list-style-type: none"> <li>- Explore practical steps that could be taken in a range of contexts to support respectful relationships</li> <li>- Explain the importance of respecting others, even when they are very different to us</li> </ul>   |

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|        |   | <ul style="list-style-type: none"> <li>- Know that we can all take positive steps to support equality</li> </ul>   |
| JIGSAW | Changing Me - Piece 4 - Boyfriends and Girlfriends                | <ul style="list-style-type: none"> <li>- I understand how being physically attracted to someone changes the nature of the relationship and what that might mean about having a boyfriend/girlfriend</li> <li>- I understand that respect for one another is essential in a boyfriend/girlfriend relationship, and that I should not feel pressured into doing something I don't want to</li> </ul> |
| JIGSAW | Changing Me - Piece 5 - Real self and ideal self                  | <ul style="list-style-type: none"> <li>- I am aware of the importance of a positive self-esteem and what I can do to develop it</li> <li>- I can express how I feel about my self-image and know how to challenge negative 'body-talk'</li> </ul>  |
| JIGSAW | <b>TRANSITION FOCUS</b><br>Changing Me - Piece 6 - The Year Ahead | <ul style="list-style-type: none"> <li>- I can identify what I am looking forward to and what worries me about the transition to secondary school /or moving to my next class             <ul style="list-style-type: none"> <li>- I know how to prepare myself emotionally for the changes next year</li> </ul> </li> </ul>   |