

St Margaret's C of E Primary School, Olton

SRE Planning Overview - Year 5

JIGSAW / CWP	Lesson	Objectives
JIGSAW	Changing Me - Piece 1 - Self and Body Image	<ul style="list-style-type: none"> - I am aware of my own self-image and how my body image fits into that - I know how to develop my own self esteem
CWP	<p>Lesson 1 - Talking About Puberty</p> <p>Health education - Mental wellbeing, Changing adolescent body, Menstruation</p>	<ul style="list-style-type: none"> - To explore the emotional and physical changes occurring in puberty - Explain the main physical and emotional changes that happen during puberty - Ask questions about puberty with confidence
CWP	<p>Lesson 2 - The Reproduction System</p> <p>Health Education - Changing adolescent body, Menstruation</p>	<ul style="list-style-type: none"> - To understand male and female puberty changes in more detail - Understand how puberty affects the reproductive organs - Describe what happens during menstruation and sperm production

CWP	<p>Lesson 3 - Puberty Help and Support Health Education - Mental wellbeing, Changing adolescent body, Menstruation</p>	<ul style="list-style-type: none"> - To explore the impact of puberty on the body and the importance of physical hygiene - To explore ways to get support during puberty <ul style="list-style-type: none"> - Explain how to keep clean during puberty - Explain how emotions/relationships change during puberty - Know how to get help and support during puberty
CWP	<p>Additional lesson - Respect and Equality</p>	<ul style="list-style-type: none"> - Explore practical steps that could be taken in a range of contexts to support respectful relationships - Explain the importance of respecting others, even when they are very different to us - Know that we can all take positive steps to support equality
JIGSAW	<p>TRANSITION FOCUS Changing Me - Piece 5 - Looking Ahead 1</p>	<ul style="list-style-type: none"> - I can identify what I am looking forward to about becoming a teenager and understand this brings growing responsibilities

		<ul style="list-style-type: none"> - I am confident that I can cope with the changes that growing up will bring
JIGSAW	<p style="text-align: center;">TRANSITION FOCUS</p> <p style="text-align: center;">Changing Me - Piece 6 - Looking Ahead 2</p>	<ul style="list-style-type: none"> - I can identify what I am looking forward to when I move to my next class - I can start to think about changes I will make next year and know how to go about this