

St Margaret's C of E Primary School, Olton

SRE Planning Overview - Year 4

JIGSAW / CWP	Lesson	Objectives
CWP	<p><b>Lesson 1 - Changes</b> Health education - Changing adolescent body Key Stage 2 Science - describe the life process of reproduction in some plants and animals</p>	<ul style="list-style-type: none"> <li>- To explore the human lifecycle</li> <li>- To identify some basic facts about puberty               <ul style="list-style-type: none"> <li>- Understand that puberty is an important stage in the human lifecycle</li> </ul> </li> <li>- Know some changes that happen during puberty</li> </ul>
CWP	<p><b>Lesson 2 - What is Puberty?</b> Health Education - Mental wellbeing, Changing adolescent body, Menstruation Key Stage 2 Science - describe the life process of reproduction in some plants and animals, Describe the changes as humans develop to old age</p>	<ul style="list-style-type: none"> <li>- To explore how puberty is linked to reproduction</li> <li>- Know about the physical and emotional changes that happen in puberty</li> <li>- Understand that children change into adults to be able to reproduce if they choose to</li> </ul>
CWP	<p><b>Lesson 3 - Healthy Relationships</b></p>	<ul style="list-style-type: none"> <li>- To explore respect in a range of relationships</li> </ul>

	Relationships Education - Caring relationships, Respectful relationships, Online relationships	<ul style="list-style-type: none"> <li>- To discuss the characteristics of healthy relationships</li> <li>- Know that respect is important in all relationships including online</li> <li>- Explain how friendships can make people feel unhappy or uncomfortable.</li> </ul>
JIGSAW	Changing Me - Piece 1 - Unique Me	<ul style="list-style-type: none"> <li>- I understand that some of my personal characteristics have come from my birth parents and that this happens because I am made from the joining of their egg and sperm</li> <li>- I appreciate that I am a truly unique human being</li> </ul>
JIGSAW	Changing Me - Piece 4 - Circles of Change	<ul style="list-style-type: none"> <li>- I know how the circle of change works and can apply it to changes I want to make in my life</li> <li>- I am confident enough to try to make changes when I think they will benefit me</li> </ul>
JIGSAW	Changing Me - Piece 5 - Accepting Change	<ul style="list-style-type: none"> <li>- I can identify changes that have been and may continue to be out of my control that I learn to accept</li> <li>- I can express my fears and concerns about changes that are outside of my</li> </ul>

		control and know how to manage these feelings positively
JIGSAW	<b>TRANSITION FOCUS</b> Changing Me - Piece 6 - Looking Ahead	<ul style="list-style-type: none"><li>- I can identify what I am looking forward to when I move to a new class</li><li>- I can reflect on the changes I would like to make next year and can describe how to go about this</li></ul>