

St Margaret's C of E Primary School, Olton

SRE Planning Overview - Year 1

JIGSAW / CWP	Lesson	Objectives
JIGSAW	Changing Me - Piece 1 - Life Cycles	<ul style="list-style-type: none"> - I am starting to understand the life cycles of animals and humans - I understand that changes happen as we grow and that this is OK
JIGSAW	Changing Me - Piece 2 - Changing Me	<ul style="list-style-type: none"> - I can tell you some things about me that have changed and some things about me that have stayed the same - I know that changes are OK and that sometimes they will happen whether I want them to or not
JIGSAW	Changing Me - Piece 3 - My Changing Body	<ul style="list-style-type: none"> - I can tell you how my body has changed since I was a baby - I understand that growing up is natural and that everybody grows at different rates
CWP	Lesson 2 - Growing and Changing	<ul style="list-style-type: none"> - To discuss how children grow and change

	Key Stage 1 Science - identify, name, draw and label the basic parts of the human body	<ul style="list-style-type: none"> - Understand that babies need care and support - Know that older children can do more by themselves
CWP	Lesson 3 - Families and Care Relationships Education - Families and people who care for me, Caring friendships, Respectful friendships, Being safe Health Education - Mental wellbeing	<ul style="list-style-type: none"> - To explore different types of families and who to ask for help - To identify who can help when families make us feel unhappy or unsafe - Know there are different types of families - Know which people we can ask for help
JIGSAW	TRANSITION FOCUS Changing Me - Piece 5 - Learning and growing	<ul style="list-style-type: none"> - I understand that every time I learn something new I change a little bit <ul style="list-style-type: none"> - I enjoy learning new things
JIGSAW	TRANSITION FOCUS Changing Me - Piece 6 - Coping with changes	<ul style="list-style-type: none"> - I can tell you about changes that have happened in my life - I know some ways to cope with changes